



# Simms Cross Primary School



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Teacher  
Peakes

15th March 2017

Dear Parents,

This is just to remind everyone about the Great Halton Bake Off - the original information is attached on the bottom.

Entries to the competition can be photographed and sent to the school Twitter account or to the school bakeoff email account

These are

Email on [simmsbakeoff@simms-cross.co.uk](mailto:simmsbakeoff@simms-cross.co.uk)

or Twitter on @simms\_cross

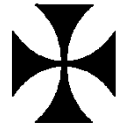
Also - remember that the Twitter account will be used to let you know about all letters sent home from school and for any urgent messages that the school needs to send to parents.

Letters sent home also appear on the web site.

Mr M Price

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"Shoot for the moon, and you will land among the stars"



15th March 2017

Dear All,

For Children's Mental Health Week 6<sup>th</sup>-12 February 2017 Halton Health Improvement Team is launching the **Great Halton Bake Off**.

The theme of 2017 children's mental health week is to encourage everyone – adults and children - to **spread a little kindness**; small acts of kindness can make all the difference.

The aim of the Great Halton Bake Off is to encourage children to connect with people and talk about how they are feeling through learning and trying new recipes and sharing their experiences.

The aim is for children and their parents or carers to bake one of our three recipes at home which have been provided by Change 4 Life - [www.nhs.uk/change4life-beta/recipes](http://www.nhs.uk/change4life-beta/recipes)

Carrot and Courgette Muffins: <https://www.nhs.uk/change4life-beta/recipes/carrot-and-courgette-muffins#5XwmUcqHogIVIUoW.97>

Carrot and Sultana drop Scones: <https://www.nhs.uk/change4life-beta/recipes/carrot-and-sultana-drop-scone#oB7bBM7ojzrrFbjj.97>

Cherry Berry Crumble: <https://www.nhs.uk/change4life-beta/recipes/cherry-berry-crumble#AfICV58AxiPRxADg.97>

Then we want everyone to take a photo of their baked treats and post it to **your school's** Twitter or send it to your school via email.

Please use **#5ways** and **#haltonbakeoff** to help us spread the word.

**Please note the closing date for sending photos of your baking is Friday 27<sup>th</sup> April**