



Tuesday 18<sup>th</sup> April 2017

Dear Parent and Carers,

Widnes Vikings are currently running a pilot programme assessing physical fitness of children in Halton in partnership with Halton Clinical Commissions Group.

The focus age groups for the programme are Year 2, 3 & 4. We are asking for permission to take body measurements of your child in order to assess their physical fitness over a period of 12 weeks, during this period a Widnes Vikings coach will be delivering either a FUNdamental or Multi-Skills session for those age groups.

The measurements stated below are required:-

- Stature
- Sitting Height
- Body Mass
- Waist Circumference

All the information that will be gathered won't be shared and will be strictly confidential with it being stored in a secure place. We would really appreciate your support with the programme. If you don't give consent please return the slip below.

Yours in Sport,

Adam Daniels  
Health and Physical Activity Coach

Widnes Vikings Sports Foundation

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I don't give permission for .....(Name of Child) to participate in the  
Widnes Vikings and Halton CCG programme

Signed:

Date:



  
Halton Clinical Commissioning Group

