



Simms Cross Primary School



Kingsway
Widnes
WA8 7QS
Cheshire

☎ 0151 424 5031
Fax: 0151 424 5177

www.simms-cross.co.uk

Headteacher
Mrs L Feakes

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Dear Parent and Carers,

I am writing to tell you about our **Sun Protection Policy** that has been developed with the help of key advisors from Public Health, Health and Safety and Head teachers in order to ensure that we can all enjoy the sun safely over the coming months.

The sun's rays are particularly strong between April and September and can damage children's skin. This may not seem like a problem right now, but it can lead to skin cancer in later life. Your child's health and well-being are very important to us, which is why we have decided to:

- Increase the amount of school time spent learning about sun protection
- Encourage children to use the shaded areas on the playground
- Encourage pupils to wear hats and when outside
- Encourage pupils to use at least SPF 15 sunscreen
- Ensure that pupils have 4 to 5 glasses of water a day
- Give consideration to the timing of outdoor activities e.g. Sports Days with a view to avoiding the higher risk periods between 11.00am and 3.00 pm
- Maintain a supply of sunscreen for emergency use. The sunscreen,
 - Is factor 30
 - protects against UVA/UVB and UVC
 - is perfume free, dye free and water resistant
 - is suitable for children aged three and above

If you have any concerns about the suitability of use of the sun cream for your child, please let us know.

If the policy is going to work we need your support. You can help by:

- Talking to your child about the importance of sun protection at home
- Sending your child to school with a wide brimmed hat,
- Ensuring that your child wears cotton clothing
- Apply sunscreen, at least SPF 15, to exposed areas including the nose and tops of ears in the morning before attending at school

Thank you for your help in this matter.

Mrs Lesley Feakes HT

"Shoot for the moon, and you will land among the stars"



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