

HEALTHY
LIFESTYLE
DIET
VEGETABLES
FIT
4
LIFE



Summer Camp!

1st - 3rd August 2017

Frank Myler Sports Centre, Widnes

12.00pm - 2.00pm



Whether you are a parent, grandparent or carer, come along with the kids for 3 days of fun games and activities plus workshops on eating well and feeling good this summer.

Places **MUST** be pre-booked.

To book your place call 0300 029 0029